



## Spa qualia: A world-class spa in the heart of the Great Barrier Reef

A unique Australian expression of world-class luxury, Hamilton Island's award winning resort, qualia {kwah-lee-ah} is nestled intimately in the heart of the World Heritage listed Great Barrier Reef. At the centre of the resort is Spa qualia; a sanctuary where guests can relax and unwind in blissful reverie.

Testament to qualia's Latin definition, 'a collection of deeper sensory experiences', every element of Spa qualia has been meticulously considered to relax the mind and completely spoil the senses.

To ensure the highest quality experience, the Spa qualia team utilise 100 per cent natural, Australian made products - Sodashi, LaGaia Unedited and People4Ocean - which embody the Spa qualia ethos to provide an experience focusing primarily on the health and wellbeing of each client.

Spa qualia consultations with a highly trained Naturopath can be arranged for qualia guests wanting to prioritise their health while relaxing in the idyllic Whitsundays. The consultation includes a discussion of current lifestyle habits, diet and general wellbeing as well as a comprehensive nutritional and body composition analysis to identify specific areas of interest such as detoxification, iridology, sports performance, immunity, ageing, stress, pregnancy and weight loss.

Each treatment is indigenously inspired and has been specifically designed to balance the synergy between body and mind. The highlight of the menu is the signature experiences; the 'Driftaway Sensory Journey', the 'Kumali Ritual' and the 'Whitsunday Escape'. Other treatments available include Sodashi facials to rejuvenate skin and reduce signs of aging and stress, body wraps and scrubs to leave skin feeling smooth and luminous as well as a wide variety of massages and beauty treatments catering for every individual need and relaxation desire.

Couples also have the opportunity to enjoy the Spa qualia experience with a variety of signature couples bath indulgences available.

Guests can begin their health and wellbeing transformation straight away by taking part in the yoga at Spa qualia sessions. Available complimentary to qualia guests every morning, the yoga session is a gentle journey of introspection and is the perfect way to awaken the body and senses before embarking on a day of relaxation and exploration.

*Spa qualia is open 9am – 7pm daily. For more information or to make a booking, call +61 7 4948 9484 or visit [www.qualia.com.au/spaqualia](http://www.qualia.com.au/spaqualia)*

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**Notes to editors:**

qualia, Australia's world class luxury resort on the Great Barrier Reef, is located on the secluded and breathtakingly beautiful northern-most point of Hamilton Island. qualia has 60 elegant one-bedroom pavilions and a Beach House, each set among eucalyptus trees with postcard views of the idyllic blue and green waters of the Whitsundays. Two superb restaurants and Spa qualia cater exclusively to guests of the resort. Hamilton Island can be accessed directly from all east coast international gateway cities in less than three hours. qualia is one of the Luxury Lodges of Australia and welcomes guests 16 years and over.

**Media contacts and image library:**

[www.qualia.com.au/media-centre](http://www.qualia.com.au/media-centre) | [www.hamiltonisland.com.au/media-centre](http://www.hamiltonisland.com.au/media-centre)

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**Social Media:**

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